

OFFICIAL RULES FRENCH RIVIERA RELAY MARATHON 2023

Rule 1 - Organization

The French Riviera Relay Marathon is organized the November 5th, 2023, on the occasion of the French Riviera Marathon, by Azur Sport Organisation, association Law 1901, affiliated to the French Federation of Athletism (FFA).

Rule 2 - Course

The race start will be done at the same time of the Marathon, the november 5th, 2023, 8.03 am, just after the elite athlete start. Start will be given Promenade des Anglais in front of "Théâtre de Verdure" in Nice to finish on "le Boulevard de la Croisette" in Cannes. You can see the course on the website www.marathon06.com

The relay race uses the same course as the individual one. 5 relay points, placed in each city the marathon pass' through, will allow runners to transmit the relay to their co-runner:

- Relay point 1 : Saint Laurent-du-Var > km 8,7
- Relay point 2 : Cagnes-sur-Mer > km 11.7
- Relay point 3 : Villeneuve-Loubet > km 16.8
- Relay point 4 : Antibes Juan-les-Pins > km 25.3
- Relay point 5 : Vallauris Golfe Juan > km 36.1

The relay transmission between two runners has to be strictly done into those relay points, and never outside those, or they would be disqualified.

Rule 3 - Teams

Each team consists of 3, 4, 5 or 6 runners. Whatever the number of runners is, each team will have to complete the marathon distance, using the relay points they want among the 5 available:

For instance, a 3 runners team could be organized like this:

- A first relay Nice - Antibes of 25.3km
- A second relay Antibes - Vallauris of 10.8km
- A third relay Vallauris - Cannes of 6.1km

Or like this:

- A first relay Nice - Saint Laurent du Var of 8.7km
- A second relay Saint Laurent du Var - Antibes of 16.6km
- A third relay Antibes - Cannes of 16.9km

So it's up to each team to organize itself, as soon as they use available relay points, and that each runner only run once, in one go.

For example it's forbidden for a runner to run from Nice to Saint Laurent du Var, to give the bib number to a member of his team, and to get it back in Vallauris to finish the race. The team will then be disqualified.

A 6 members team will therefore use the 5 relay points, they won't have the choice of the distances.

Distances each runner will do will be chosen during the registration.

Rule 4 - Subscriptions

The race is opened to all athletes licensed or not licensed:

- Borned in 2008 and before for a 6 people team.
- Borned in 2006 and before for a 5 people team.
- Borned in 2006 and before for a 4 people team.
- Borned in 2004 and before for a 3 people team.

Registration fee is 48€ par runner, so:

- 288€ for a 6 people team
- 240€ for a 5 people team
- 192€ for a 4 people team
- 144€ for a 3 people team

Entries can be done:

- Either online on www.marathon06.com or on www.sport-up.fr,
- Or by mail with the official application form.

None application form will be accepted on the spot or by phone.

Every file will systematically be refused if the following documents are missing:

- Official application form completed
- Payment of the entry fees (*payment by credit card or by bank check payable to Azur Sport Organisation*)
- Valid medical certificate

Be careful : Only medical certificates (dated from less than one year by the D-Day) delivered by a doctor will be accepted and must be mentioned that "Mr or Mrs X is fit to compete a marathon"

All the necessary documents must be sent BEFORE the October 25th, 2023 at midnight to:

*CIMALP COMMUNICATION –Marathon Nice Cannes – 1545 Route Départementale – RN7
– Marina 7 - 06270 Villeneuve-Loubet*

The n° 99-223 law, referring to the protection of health and anti-dope fight for athletes was voted in the National Assembly on the 23th march, 1999. Due to these new dispositions, all French and Foreign runners will have to provide a valid medical certificate delivered by an official doctor after a medical examination

Rule 5 – Start corral

The first runner who starts from Nice, will be able to enter the corral he wants only on the north roadway of the Promenade des Anglais, so between the 3H15 corral and the 5H corral. He will not be able to access to the corrals placed on the south roadway of the Promenade des Anglais. Every team who does not respect this rule will be put out of the race, during or even after the race.

Rule 6 - Relay baton transmission

Each team will receive individual bib numbers, depending on how many they are, to be pinned at their back. They will also receive another one in which the chip will be integrated. The organization will provide you a belt to tie the bib number, and runners will use this as the relay baton. This bib number has to be visible all along the race, worn in the front. The last runner will have to give back the belt to the organisation after the finishline in Cannes.

Rule 7 – Relay point access

Each runner will have to show his individual bib number to access his relay point. If not, access will be denied and his team won't finish the race.

Rule 8 – Shuttle service

The bib number of each runner will give him an illimited access to TER SNCF service, the race day, between Nice and Cannes.

Rule 9 - Classification

One classification will be done for each relay type (3, 4, 5 or 6), as well as a global ranking. We remind you that some controls will be effectuated during the race to insure optimum race regularities.

Rule 10 - Entries

Each entry is considered as non-transferable and final and implies full acceptance of the rules. No refund will be made. The registration tranfers is allowed between members of a team and must be notified and validated by the organisation. Any person retroceeding his bib to a person without the organisation's agreement will be recognized as responsible in case of an accident arising or provoked by this person during the competition. The organisation is exempt from all responsibility in case of an accident in this type of situation.

A team has the possibility to add or remove a runner from the team. This has to be asked to the organisation by email at vero@cimternet.com before October, 25th 2023. A team adding a competitor will have to pay the entry fee for this new runner. On the opposite, no refund will be made to a team removing a competitor from the team.

Rule 11 - Collection of the start numbers

The collection of the start bibs numbers will be effectuated the race preceding days, in the Running Expo Marathon situated in the Palais de la Mediterranée, in Nice. The start number will be handed over to the team responsible with the start number's voucher and an identity card. No bib number will be given individually in a team.

The start number's voucher will be:

- Available online on www.marathon06.com on the tab *Subscriptions*

- Sent by email by the organization to the personal address given by the competitor when the entry was effectuated.

Rule 12 – Bag drop

During the race and considering the interval between the first and the last runner, the organisation can't move runners bags individually. Then it's up to every team to organize itself about their bags.

The second runner has to take before the race the first runner change of clothes and bring it to his relay point. This way, the latter will find his clothes at his arrival relay point. The third runner take the second runner change of clothes and so on...

The only exception, the last runner, who arrives in Cannes, has to give his bag to the first one, who will drop it in trucks' organisation. His bag will be brought among individual runners bags, and will wait for him directly on the finishline.

The organisation won't be responsible for any missing bag or missing item inside it. We strongly advise not to put any valuable item in your bag.

Every bag forgotten on the route will be brought on the finishline in Cannes between 2.30 pm and 3pm, november 6th, 2023. They will then be kept 30 days by the organisation, and donated to an association if nobody claims for it within this delay.

Rule 13 - Security

The organization and the prefecture of the Alpes-Maritimes will insure the security of the runners and the spectators during the event. Medical safety will be under control of a security association agree by the prefecture of the Alpes-Maritimes through security posts located every 5 km as well as mobile teams within the race. Medical services may stop any competitor during the race for medical reasons.

Rule 14 - Limit race time

The time limit for completing the course is 6 hours. Here are the timing gates :

Kilometer markers / Race timing / Limit time

KM 5	~~~~~	0:42:51	~~~~~	08:42:51
KM 10	~~~~~	1:25:43	~~~~~	09:25:43
KM 15	~~~~~	2:08:34	~~~~~	10:08:34
KM 20	~~~~~	2:51:26	~~~~~	10:51:26
KM 21	~~~~~	3:00:00	~~~~~	11:00:00
KM 25	~~~~~	3:34:17	~~~~~	11:34:17
KM 30	~~~~~	4:17:09	~~~~~	12:17:09
KM 35	~~~~~	5:00:00	~~~~~	13:00:00
KM 40	~~~~~	5:42:51	~~~~~	13:42:51
KM 42	~~~~~	6:00:00	~~~~~	14:00:00

After the « end of race » vehicle has passed, competitors should respect the Highway Code and be considered "out of the race" and every runner will be put "out of the race" and the organisation will be exempt from all responsibility in case of an accident in this type of situation.

Rule 15 – Timing system

The timing system will be used for timing by a person affiliated to the FFA. Each team will receive a chip which will be activated in an automatically way when the start line will be crossed. The chip will be used as control system on different check point positioned on the course. Competitors failing to follow the course will be disqualified.

Rule 16 - Insurances

Civil liability : The organization has taken out a civil liability insurance policy in accordance with current legislation. This contract insures against damage caused by members of the organization and every competitor from the French Riviera Marathon des Alpes-Maritimes Nice-Cannes. Written proof can be provided upon request.

Individual accident : The organization highly recommends to the runners who did not have personal insurance covering the corporal damages particularly for the non-licensed runners, to subscribe to an individual « insurance accident » for their participation to the race.

Material damage : The organization disclaims all responsibility in the event of a damage (theft, breakage, loss, ...) subjected to the personal communities of runners, even if it is looked after. The runners couldn't backfire on the organization for all damages occasioned to their equipment. The subscription of an insurance to guarantee these risks is within eachone's province.

Rule 17 - Protection of personal pictures

Competitors expressly and exclusively grant to A.S.O. and its assigns, the irrevocable right to use a competitor's name, voice, likeness, biography, factually or otherwise in connection with the production, the distribution and exploitation of the pictures related to the Marathon, world-wide in any and all devices, media, whatsoever, now known or hereafter known, for the entire duration of the protection period currently awarded by legislative or regulatory bodies, court decisions and/or arbitrages in any country, and currently existing of future international conventions, including eventual prolongations which may be made to this duration.

Rule 18 – CNIL

According to the French law of January 6th, 1978 about information and freedom, you have a right to access and rectify any personal information about you saved in our files. Through us, you may have to receive advertisements from other companies or associations. If you do not want so, just write us and tell us your name and if possible your race number.

Rule 19 - Circulation

Bicycles, motorised vehicles and pushchairs are strictly forbidden on the course except for the organization staff.

Rule 20 - Withdrawal

Each runner who wants to abandon, will have to notify the organisation through the race security staff placed all along the route, or through food or water stations. He will then be able to come back to Nice or to go to Cannes using the train with his bib number as a train ticket.

Each runner stopping the race will automatically and immediately provoke his team withdrawal, regardless of his position in the team.

Rule 21 - Reward Ceremony

The Reward Ceremony organized in Cannes will reward only the 3 first teams for each kind. None reward will be delivered for age category. However each team who will cross the finish line in the previous delay time will receive a “finisher” reward.

Rule 22 – Pandemic event cancellation

If the event could not take place due to an ongoing pandemic (population lockdown, non-gathering rules, ...), the organization will then propose a postponement of registered participants to the following year or a refund of registered participants, the proportion of which will be defined depending on the date of cancellation.

Rule 23 – Major fact event cancellation

If the event were to be canceled for a case of absolute necessity or for a motive independent from the will of the organization, apart from the cases listed in the rule 22, the organization will then only propose a postponement of registered participants to the following year. No reimbursement of registration fees can be made and no compensation received.

Rule 24 – Wheelchair

The race is opened to wheelchair athletes, according to “Federation Française handisport” rules. In agreement with those rules, “hand bikes”, or “hand cycling”, will not be allowed on the race.

Rule 25 – Sustainability

Through his races, Azur Sport Organisation is committed in sustainability. Runners participating to ASO races accept those commitments, and may consult it on the Internet website www.marathon06.com

Each runner seen throwing his garbages on the floor instead of the bin will be disqualified.

Rule 26 – Rules modification

The organization has the right to change those rules at any moment, and whatever the reasons. Registered people would then be informed of those changes by all possible means at the disposal of the organization.

Rule 27 – Sanitary rules

Regarding the sanitary rules, the organization will follow the governmental instructions in place at the date of the race, setting up all the necessary measures in order to offer a maximal protection for the runners, volunteers and to all the people involved in this event.

Then, and according to the rule 26, this competition rule sheet could be modified until November 5th 2023. Participants will anyway be informed of all sanitary measures and specifications before the event, and will have to conform to it if they want to take part to the race.

The participation to the French Riviera Relay Marathon implicates the express approval of the official regulation by every runner